IMANAH HEALTH
Mahayoga & Natural Hygiene

EVENT



IMANAH Podcast - Episode 13 - 20260425

- 25 Apr 2026
- 8:00 AM EDT
- 5:30 PM IST
- LIVE



Speaker
Umar AlFarooq
Admin, Health Coach

CO-HOSTS

 Asha Shivaram

 Dr. Arun Sharma

 Swati Dhariwal

 Sangeeta Dhingra

Guruji opens on the philosophy of natural health, then guests share a journey through cancer, fasting and nature cure, and a family's legacy in natural healing.

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