IMANAH HEALTH
Mahayoga & Natural Hygiene

EVENT



IMANAH Podcast - Episode 4 - 20260221

- 21 Feb 2026
- 8:00 AM EST
- 6:30 PM IST
- LIVE



Speaker
Dr. Arun Sharma
Admin, Health Coach

CO-HOSTS

 Dr. Tulika Sanadhya

 Umar AlFarooq

 Sandeep Kumar Singh

Meet two of IMANAH's life coaches as they share their journeys into natural health and drugless living.

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