IMANAH HEALTH
Mahayoga & Natural Hygiene

EVENT



IMANAH Podcast - Episode 21 - 20260620

- 20 Jun 2026
- 8:00 AM EDT
- 5:30 PM IST
- LIVE



Speaker
Umar AlFarooq
Admin, Health Coach

CO-HOSTS

 Dr. Kamalpreet Singh

 Dr. Arun Sharma

 Vinoth Kumar V S

Compassion and kindness in modern healthcare — exploring empathy, the self-compassion that prevents practitioner burnout, and keeping the human touch as technology reshapes patient care.

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