IMANAH HEALTH
Mahayoga & Natural Hygiene

EVENT



IMANAH Podcast - Episode 18 - 20260530

- 30 May 2026
- 8:00 AM EDT
- 5:30 PM IST
- LIVE



Speaker
Umar AlFarooq
Admin, Health Coach

CO-HOSTS

 Neha Arora

 Dr. Arun Sharma

 Jagannath Chatterjee

 Vartika Sinha

A deep exploration of the concept of 'truth' in natural health and wellness — questioning what we accept about health, medicine and healing.

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