

7 Days Natural Health Camp

Natural Health Camp, Near Lonavala

» [NHS Camp Lonavala](#)



Camp Information

Camp Date Jun 22, 2026	Duration 7 Days camp	Camp Location Anjanvel Agro Tourism, Shilimb
Category	Phone 9619113152	URL

What's Included?

Transform Your Health Naturally

Join us for a **7-day immersive Health Camp** designed to help you learn how to lead a healthy and a disease free life!

With a focus on ancient Indian system based on the **5 Elements of Nature**, this camp offers deep insights into holistic wellness.

- *Why Attend?***
- Learn the teachings of Acharya Lakshmana Sarma & Dr. Arun Sharma – Founder Director, IMANAH, USA – a living guru in Nature Cure
- Holistic Healing – Restore health naturally
- Special Focus on the therapies related to the 5 Elements of Nature

- 🔗🔗 **Camp Highlights**
- 🔗🔗 **7-Day Experiential Stay**
- 🔗🔗 **Exclusive Learning Sessions**
- 🔗🔗 **Stay in the Agro-Tourism Centre close to Nature**

🔗🔗 Join our Community: 🔗🔗 bit.ly/SwasthyaSS

🔗🔗 **Location:** Anjanvel Agri-Tourism, Shilimb

🔗🔗 **Dates*:** 22nd June – 28th June 2026

🔗🔗 For enquiries, contact:

🔗🔗 Sandeep: 9619113152

🔗🔗 Seema: 9702656010

🔗🔗 Vandana: 9322132648

BOOKINGS DONE →	BEFORE	BEFORE	AFTER
ROOM TYPE	18 May	01 Jun	01 Jun
Budget (dormitory) 4+ sharing	₹ 32K	₹ 33K	₹ 34K
Deluxe (2-3 sharing)	₹ 36K	₹ 37K	₹ 38K
Premium (2-3 sharing)	₹ 42K	₹ 43K	₹ 44K

About The Hosts



Natural Health

Vandana Ahuja

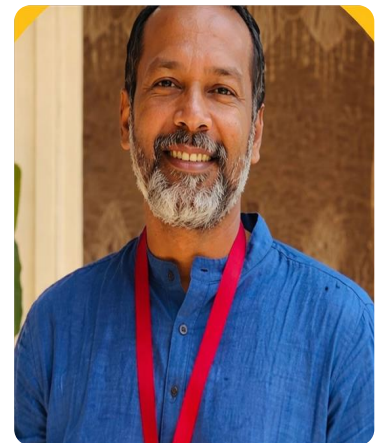
Health Coach, Camp Counselor,
Tutor



Natural Health

Seema Manikkoth

Certified Dietitian, Health Coach,
Camp Counselor, Tutor



Natural Health

Sandeep Kr. Singh

A Catalyst for Regenerative Living -
Health Coach, Camp Counselor