

## 7 Days Natural Health Camp

# IMANAH Podcast - Episode 4 - 20260221

» Tulika Sanadhya and Sandeep Kumar Singh

## Camp Information

<b>Camp Date</b> Feb 21, 2026	<b>Duration</b> 1 Days camp	<b>Camp Location</b> LIVE
<b>Category</b>	<b>Phone</b>	<b>URL</b> <a href="https://www.youtube.com/live/EN4cww4TTmQ?si=kTYJlJxpPFc7_RI2">https://www.youtube.com/live/EN4cww4TTmQ?si=kTYJlJxpPFc7_RI2</a>

## What's Included?

This live session offers an engaging and insightful discussion designed to provide viewers with practical knowledge and real-time learning. The stream covers key concepts in a structured manner, combining clear explanations with interactive elements to enhance understanding. Throughout the session, the presenter breaks down important topics using examples and demonstrations, making complex ideas easy to grasp. The live format also allows for audience interaction, where questions are addressed and concepts are clarified on the spot. The session concludes with a concise recap of the main takeaways, leaving viewers with actionable insights and a better understanding of the subject.

## About The Hosts



**Dr. Arun Sharma**



**Umar AlFarooq**