

7 Days Natural Health Camp

IMANAH Podcast - Episode 12 - 20260418

» : Dr Prashanthi Atluri, Dr. Pallavi Maddukuri , Dr. Archana Satyam

Camp Information

Camp Date Apr 18, 2026	Duration 1 Days camp	Camp Location LIVE
Category	Phone	URL https://www.youtube.com/live/orWyXDJ1Wvk?si=u17yyFwXx36iWAbc

What's Included?

This podcast episode explores the intersection of health, success, and the shift from traditional allopathic medicine to natural health practices. Hosted by Natural Health Science, the session features insights from doctors who have transitioned to holistic approaches.

Key Discussion Points:

Principles of Success and Health: The episode opens by discussing how successful individuals—from investors to innovators—operate on principles of humility, integrity, and focus (0:31-1:55). These same principles are applied to health, where focusing on one's capacity to function rather than on disease symptoms leads to faster recovery (20:50-27:29).

Medical Perspectives and Challenges: Three medical professionals—Dr. Archana Satyam, Dr. Pallavi Maddukuri, and Dr. Prashanthi Atluri—share their journeys:

Dr. Archana Satyam discusses her transition from emergency medicine to natural health, emphasizing the need for questioning modern medical practices like routine cesareans and the importance of a transparent reporting system for medical adverse effects (28:06-57:00).

Dr. Pallavi Maddukuri highlights her 25-year experience as a pediatrician and the power of lifestyle medicine in reversing chronic conditions in children, noting that young bodies recover very quickly when provided with the right environment and nutrition (1:02:41-1:27:34).

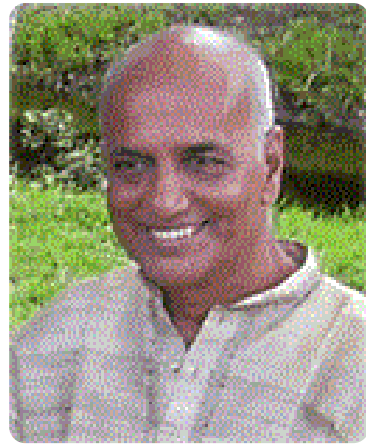
Dr. Prashanthi Atluri shares her story as a cardiologist, explaining how her daughter's health issues and personal research led her to realize the limitations of conventional "evidence-based" medicine (1:28:44-1:47:20).

The Future of Natural Health: The guests and host discuss the necessity of connecting doctors to support each other in this movement, moving beyond symptomatic treatment to holistic, "drugless" care. There is a strong call to action for recording patient performance metrics scientifically to create a legitimate, evidence-based foundation for natural health (1:50:21-1:51:40).

About The Hosts




Umar AlFarooq
Health Coach




Dr. Arun Sharma
Health Coach